

Sending organisation:

Hosting Organization:

Coordinating Organization:



MY YOUTHIPASS FOR VOLUNTEERS

This Diary belongs to _____

Title of project: _____

Date: _____

Venue: _____



Learning objectives for **volunteering activity**



Objectives / Months	#	1	2	3	4	5	6	7	8	9	10	11	12	Objectives / Months	#	1	2	3	4	5	6	7	8	9	10	11	12
Example: I Want to learn English, to speak it fluently.	10														10												
	9													9													
	8													8													
	7													7													
	6													6													
	5													5													
	4													4													
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	1													1													

Think of the upcoming months of your volunteering activity and identify your **personal learning objectives** (maximum 7) – Write them down in the first column and **revisit this page** in each month. Think if you have gotten **closer** to learning all the objectives and put **one dot** in the appropriate square for each month from 1 to 10, where 1 is **“not at all”** and 10 is **“absolutely.”**



Month 1



ΜΟΝΟΠΑΤΙΑ ΑΛΛΗΛΕΓΥΗΣ

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	Objective 1	Objective 2	Objective 3	Objective 4	Objective 5	Objective 6	Objective 7
Relevant							
↑ Learning index ↓							
Irrelevant							

Think about **this month** and identify the key moments of your learning. If you think you have **achieved** some of learning objectives, chose one box from **Relevant** to **Irrelevant** for each objective and **describe with a few keywords** how and what you think you achieved to learn.



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Month ...

ΜΟΝΟΠΑΤΙΑ ΑΛΛΗΛΕΓΓΥΗΣ

	Objective 1	Objective 2	Objective 3	Objective 4	Objective 5	Objective 6	Objective 7
Relevant							
↑ Learning index ↓							
Irrelevant							

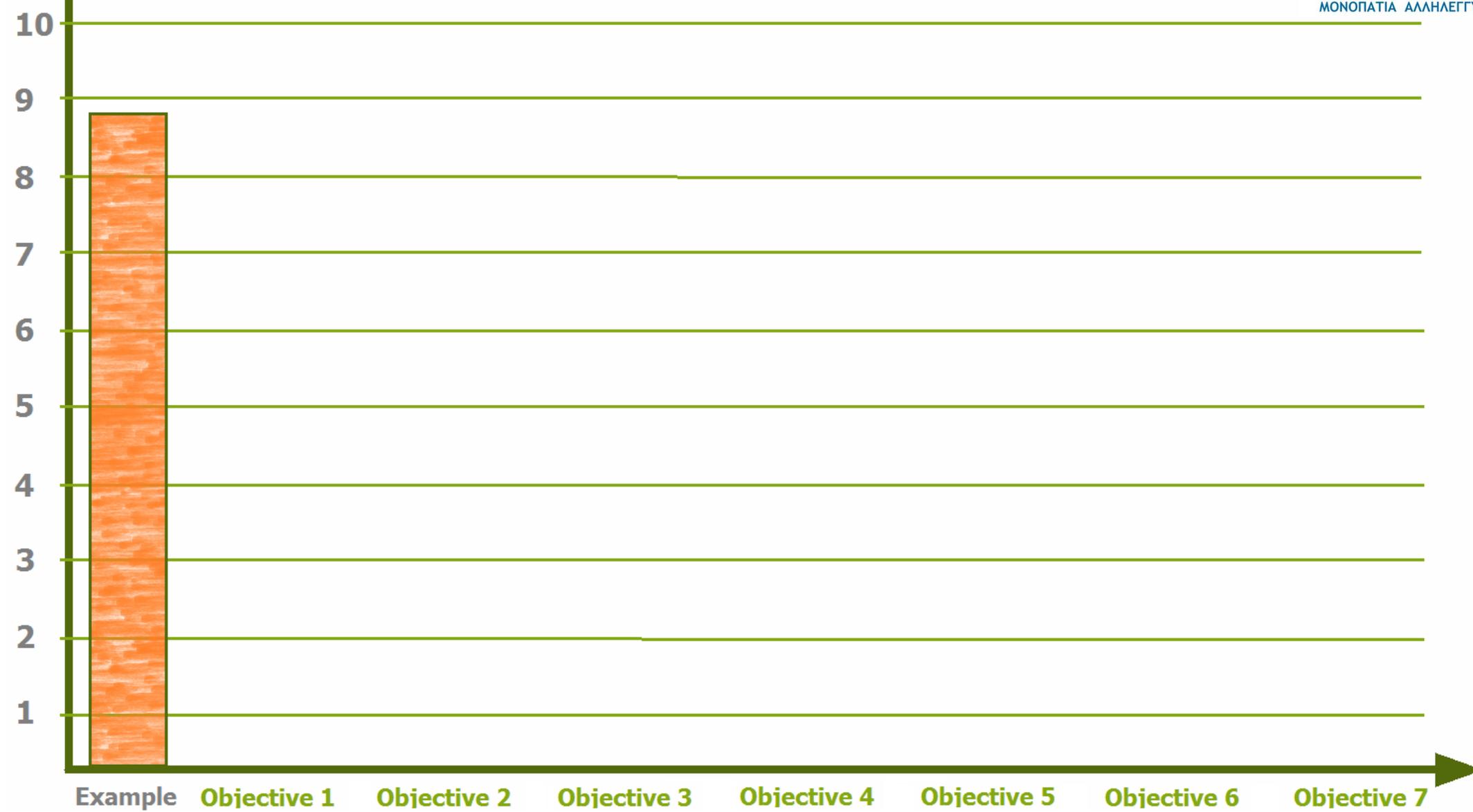
Think about **this month** and identify the key moments of your learning. If you think you have **achieved** some of learning objectives, chose one box from **Relevant** to **Irrelevant** for each objective and **describe with a few keywords** how and what you think you achieved to learn.



Past Months Learning **Diagram**



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Think about the **past months** and your objectives and **draw a diagram** for each learning objective illustrating how much you think you **achieved** in relation to them in a grading from 1 to 10.



Education and Culture DG

'Youth in Action' Programme



Acquired Skills and Competences



ΜΟΝΟΠΑΤΙΑ ΑΛΛΗΛΕΓΓΥΗΣ

Communication in the mother tongue

What (ways of communicating, new words, new ways to express yourself, phrases, traditions in your language, etc.) did you discover about your native language? Which elements of the project helped you in that?

How did communicating in a foreign language influence your communication in your mother tongue? Did that change the way you look at your own language?

Did you face any problems to express yourself in your own language? In which situations? What did you learn from that?

Which way (talking or writing, or maybe other) did you find the most helpful to express your thoughts and feelings?

Do you feel now more self-confident when you want to express yourself? In what way?

What else would you like to work further on to increase this competence? In what way? Who and what can help you in that

Taking into **consideration** your learning objectives and your experience during the volunteering activity, look at **these 8 learning competences** and if you think you **have acquired skills and competences** in relation to them, answer the questions assigned to them. Try beginning each of your answers using these examples: *I feel more comfortable now... / I found out... / I learned... / I feel confident... / I made progress... / I'm able to... / I know now how... / I developed... / I have a clear view now.*



Acquired Skills and Competences



'Youth in Action' Programme



Communication in foreign languages

What aspects (ways of communicating, expressing yourself, new words and phrases, traditions, etc.) of the foreign language did you learn? Which situations in the project helped you in that?

Did you face any problems to express yourself in the foreign language? In which situations? How did you deal with that? What did you learn from that?

Which way (talking or writing, or maybe other) did you find the most helpful to express your thoughts and feelings in a foreign language?

How did you communicate before and after the volunteering activity with the other group(s) (email, Skype, telephone)? What did you learn from that?

What did you learn about other countries, nations or cultures in the project?

Do you feel more self-confident now when you want to express yourself in a foreign language? In what way?

What else could you do to improve your skills in this area? Who and what can help you in that?

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Acquired Skills and Competences



Mathematical competence and basic competences in science and technology



How did you plan the project? With whom and in what way?

Did you work with the budget, calculating and controlling money or other resources, etc? If yes, how was it for you? What did you learn?

How did you solve problems in your project? How did you look for solutions? How did you implement them?

Did you present your project to others? Did you use any models, charts, etc.? Did you develop any new presentation skills? Which?

Did you get any new scientific knowledge? Which and how?

How did you cope with new and unexpected situations in your project?

Does your project contribute in any sense to science development? How?

What else would you like to learn in this field? Who can help you?

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Acquired Skills and Competences



Digital competence



Which digital media (computer, telephone, internet, camera, etc.) did you use for preparation, realisation and follow up of the project? What for?

How did you use information technology to communicate with the other groups in the project? What was new for you and what did you learn?

Which computers programmes and applications did you use and learn? How did you use them?

Did you create online tools to promote your project or to inform others about it (website, Twitter, Facebook, blogs etc.)? What did you learn from that?

By what concrete actions did you improve your use of digital media? Did you learn yourself or was there anybody who helped you?

What was challenging in working with such digital tools? Did you have any problems? How did you overcome them?

Did you develop your confidence in using digital media? In what way?

What would you still like to learn in this area? Who can help you?

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Acquired Skills and Competences



'Youth in Action' Programme

Learning to learn

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Acquired Skills and Competences



Interpersonal, intercultural and social competences and civic competence



How was it for you to be a part of your own national group? Which role did you take? What does it mean for you?

How was it for you to be a part of the international group? Which role did you take? What was new for you?

What did you learn about the living conditions of the young people from other countries? What was different from your situation?

What was the impact of the volunteering activity on your local environment?

Would you call yourself an active citizen? Why?

How did your knowledge of local/regional/national and/or European structures change or increase?

How can you contribute to any social or environmental initiatives around you?

What else would you like to improve concerning these competences

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Acquired Skills and Competences



Which ideas did you put into action during the project? How do you feel about it?

In which part of the project could you express your creativity and be innovative?

How and from which situations did you learn about 'taking the initiative' and 'being active'?

What did you learn about project management, action planning, teamwork and cooperation, taking risks, creativity and flexibility?
How is it for you to take initiative? How is it to follow others?

Which projects experiences can you use for building up your personal and professional development?

What else would you like to learn in this area?

What did you learn as a group?

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Acquired Skills and Competences



'Youth in Action' Programme



Did you meet any new forms of cultural expression during your project? If yes, how did it influence you?

What forms of cultural expression are practiced in your community? How would you describe them?

Did you learn new ideas or methodologies for working with art and culture? How and from whom did you learn?

In which context did you use creative and artistic methods?

Did you get more self-confidence in this area? In what way?

What did you discover about yourself in this competence?

What did you learn from the partner groups about culture?

What do you still want to learn in this field?

What did you learn as a group

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'Youth in Action' Programme

Youthpass is the European Strategy on the validation and recognition of non-formal learning within the context of Youth in Action

Strategic aims – Youthpass should contribute to the following:

- Reflection on **personal non-formal learning**
- **Social recognition** of youth work
- **Employability** of young people and youth workers

In youth work **practice** Youthpass contributes to and is based on the following elements:

- **Learning to learn** is about enabling young people to: become aware of and responsible for their own learning, set up their own learning objectives, organize and manage their own learning, identify learning possibilities and deal with learning obstacles and look for and use others for support
- **Self-assessment** is to create opportunities for young people to reflect on their learning experience and progress enabling them to identify their achievements
- **Dialogue process** refers to the feedback or group sharing as a mutual process of exchange about learning in a safe environment

The Youthpass **process** should start from the planning and preparation phase, should be implemented during the implementation phase and finalised in the evaluation and follow-up phase.

For more information and using Youthpass as a learning reflection tool in EVS visit

<http://www.youthpass.eu/en/youthpass/guide>

