



Solidarity Tracks
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“Enable Disable...through Camera Obscura”

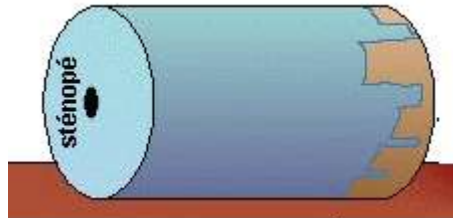
Youth exchange for People with disabilities

APV: Arrival to Lefkas **04/04/2019** Departure **7/04/2019**

Youth exchange: 1-9/06/2019 (Arrival day 31/05 & departure day 10/06/2019)

Venue: Greece, Lefkas

27 disable young people from Estonia, Greece, Poland & Spain



Working language: English

Summary of the exchange:

The practices of Art and especially photography often enable young people to develop their conception of themselves, other people and the world. They favor their cultural openness. Thus, the artistic practices serve manifestly the goal of social integration.

Practicing photography makes up for an ideal opportunity to work on identities. It allows a re-thinking about young people's identities, their ways of understanding their trajectories, defining themselves, finding and giving meaning to the values and to the happening things around us. Thus, it is a privileged means of exploring new possibilities of planning their future, doing things and interacting.

On the other hand, the “pinhole” technique of photography is an amazing device in terms of process and results. It consists of whichever box whose one surface bears a tiny hole which lets the light pass, leaving a photographical imprint on a photo-reacting material. It is a device playful and creative, very usable in the context of the non-formal education. It makes feasible for young people to dispense with the photographical industry.

In this context we wish to organize an exchange of young people involving 32 youngsters, disable & deaf young people coming from Estonia, Spain, Greece and Poland.



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The exchange will last 9 days and will be held on the island of Lefkas (Greece). The young participants will work together to come up with some works of art or ephemeral situations about

integration, active citizenship and solidarity. They will shoot their creations with the device of pinhole or "magic boxes".

After they have presented their photos, they will discuss them and will legend on each and every Pinhole photograph.

In the course of this exchange, we will take care to provide a commensurate support to all of the young participants, so that they could be helped to surpass their usual artistic practices, reach a cultural mixture in their creation and live unconventional dialogical situations.

The exchange in question will be crowned by a collective exhibition which will be held on the closing of the exchange at the Town Hall of Lefkas. This artistic exhibition will also be accessible on the Web.

Aims of our youth exchange:

1- Enable a group of youth with special needs to take part of artistic multicultural and creative exchange in order to develop its artistic, social and civic skills based on exchange, peer support and peer learning.

2- Allow a group of young people with mental and / or physical disabilities also deaf people to make their own and common pinhole pictures and use them to create a common exhibition .

3- Create an intercultural dynamic among young people with different cultures, capacities and profiles, bring out an inclusive culture promotes dialogue & solidarity acts & improve personal development, strengthen the self-esteem of young people & and promote the sustainable creativity through practices of camera obscura.

Basic elements of the activities:

- Learning how to use pinhole camera & to take artistic photos with it.
- Learning how to concept common significant & artistic photo by the pinhole camera
- Learning how to develop pinhole photos
- Learning how to legend the pictures
- Caring a common exhibition in the art gallery of Lefkada



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Partners / participants/ Maximum amount covered for the travel cost for each participant :

Participant's profile: young people between 17 & 30 years old, included people with mental or physical disabilities & deaf people.

Participants should be interested to the topic & motivated to discover & to practice the pinhole photography:

Country	Total number of participants	No of Participants with Special Needs	No of Participants with Fewer Opportunities	Other young people	No of Accompanying Persons
Estonia	09	07	02		02
Poland	10	07		01	02
Spain	09	05	01	02	01
Greece	11	07			04

Travel cost per participant / country

Country	Total of participants	Amount covered for the travel cost for each participant
Estonia	09	360€
Poland	10	275€
Spain	09	360€

Venue:

Our youth exchange will take place in Lefkada island.

The island of Lefkada, also called Lefkas, is the fourth largest island of the Ionian Islands, after Zakynthos, Kefalonia and Corfu. It has an area of 303 square kilometres, a coastline of 117 kilometres and a population of about 23.000 inhabitants. Lefkada is an island with a wide spiritual tradition and it's situated 378 km from Athens.

Discover the emerald island at: www.lefkada.gr



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Accommodation and food:

You will be in "Episkopos camp camp" in Nikiana / Lefkada.

Nice camping , near to the beach. We are allowed there to prepare food and to organize easily our activities. For more information please check this link:

<http://www.campingvillageepiskopos.gr/>

You will sleep in rooms of 4 beds or in tents. (The Internet connection is available in the camping.

In the same place you will take your meals. You will taste different typical dishes. If you have some special needs for food or if you are vegetarian, vegan etc., please, inform us about it beforehand. We can provide you proper food.



Insurance: Each participant is responsible about its insurance. (Please bring your European health card with you)

Also we will do for the group an extra insurance for the activities that you are going to do during the youth exchange. For this reason, we need the following data from each participant (FULL NAME, IDENTITY OR PASSPORT NUMBER, DATE OF BIRTH, NATIONALITY).

We need to have this info till **05/05/2019**. if participants don't send their data till this date they can't be covered by this group insurance.

Transportation:

How to arrive to Lefkas:

When you arrive to Athens El. Venizelos Airport you have to take the city bus **X93** to the **bus station Kifissos**, it will take about 60 min and the ticket costs about 6 €. There you have to take the bus to Lefkas which takes 5,5 hours. We will pick you from the bus station of Lefkas to the camping.

You can buy your bus tickets online from this link: http://www.ktel-lefkadas.gr/?module=default&pages_id=13&lang=en

Young people with disabilities can benefit 50% discount if they have justification's document.

Pay attention that there are only 4 buses from Athens to Lefkas (At 7:00, 13:00, 16:30 and 20:30), please organise your flight so as to arrive early in Athens and catch the bus to Lefkas.

Very important: Please **KEEP ALL THE BILLS, TICKETS AND BOARDING PASSES** from your travel, and **to send your boarding pass of your return trip**, when you will be back home.

If you arrange to arrive in the same time to Athens Airport we can rent a private bus to pick all of you from Athens Airport to the hosting place.

Participation Fee:

- 100% of accommodation and basic food are covered by the programme
- 100% of activities fee are covered by the programme



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- Fixed amount of your travel cost (as mentioned above) are covered by the programme
- **Each participant should pay 25 Euros** participation fee.

What you can bring with you?

- Spices to prepare traditional dishes of your country.
- Sleeping bag
- Swimsuit
- Towels
- Each group should bring at least one laptop
- To bring National/typical food and drinks for the intercultural evening (songs, dances, national costumes, music etc.)
- & Your good mood and energy:)

Preparatory meeting:

One group leader from each partner will come for the preparatory meeting that is going to be in Lefkas from 31/08 to 1/09/2018.

Useful Greek Words:

ENGLISH	Greek
Hello	γεια σας! (Yia sas)
Welcome!	Καλώς ορίσατε! (Kalos Orisate)
My name is...	Ονομάζομαι... (Onomazome)
Thank you!	ευχαριστώ! (Evkaristo)
I need help.	Χρειάζομαι βοήθεια. (khriazome voithia)
I'm sorry, I don't speak Greek	Λυπάμαι, δεν μιλάω ελληνικά (Lipame, then millaw Ellinika)
Do you speak German/English?	Μιλάτε Γερμανικά / αγγλικά; (Millate yermanika, anglika)



Excuse me?	Συγγνώμη; (Signomi)
Yes	Ναι (Ne)
No	Όχι (Okhi)
Maybe	Ίσως (Isos)
I don't know	Δεν ξέρω (Then ksero)
I love you !	σ' αγαπώ (Sagappo)
Goodbye !	Αντίο (Adio)



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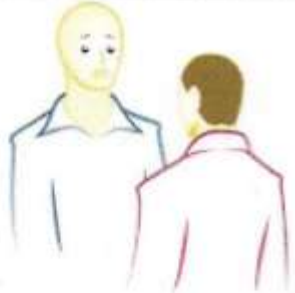
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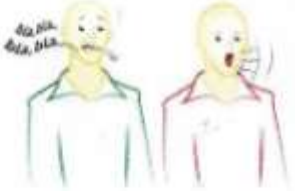
COMMUNICATION STRATEGIES WITH DEAF PEOPLE

To communicate with a deaf person, the most important thing is do not be afraid to do so and have an open mind. Keep in mind that deaf people are used to communicate with hearing people who don't know sign language or other communication strategies.


Try not to forget some guidelines as:



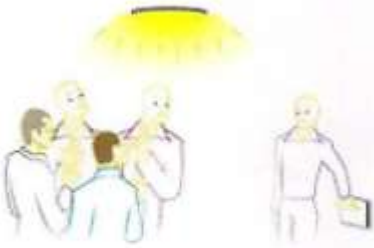
1. Do not forget to keep eye contact with deaf people.



2. Try not to put objects in your mouth and don't shout or make exaggerated gestures.



3. If you want to call the attention of a deaf person can touch the shoulder or wave your hand in visual space.



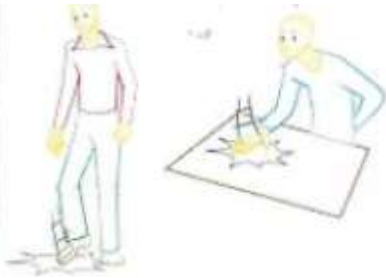
4. If you want to attract the attention of a big group or a person who is in a room you could turn on or off the lights



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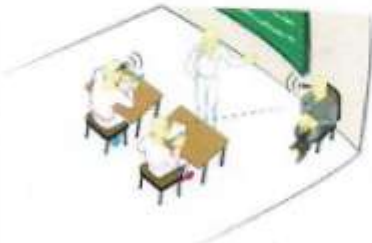
5. You can also call the attention of deaf people by vibration pounding the table or on the floor with your foot.



6. If several deaf people are chatting together they will usually get in a circle to make eye contact.



7. Please don't interrupt the visual space when two deaf people are talking because you will interrupt their communication.



8. Be aware that a deaf person can't be communicating and doing something else at the same time because they require vision to do so.

Contact person in the hosting Country: **Mohamed Chaabouni**

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