

Stroller Orienteering at MSKÜ:

Combining Active Parenting & Campus Life

An Innovative Outdoor Event
Promoting Social Inclusion and Physical Activity

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Background & Concept

Navigate with purpose

Orienteering means finding checkpoints using a map and compass.

The stroller twist

Barrier-free, stroller-friendly routes made for parents and toddlers.

Why MSKÜ?

Our green campus supports active living and stronger community connections.



Key Objectives

Social Inclusion

Engaging student parents, staff, and local families.

Campus Wellbeing

Promoting outdoor activity and mental health support.

Accessibility Awareness

Mapping and evaluating smooth, step-free routes.



Event Planning & Logistics

Strategic map design with accessible campus checkpoints.

Comprehensive safety protocols including first aid and route marshals.

Participant briefing on map reading and safety instructions.



Event Day Highlights

Community in motion

Families, staff and student volunteers came together across campus.

Playful discovery

Interactive checkpoints with mini-tasks and riddles kept kids curious and engaged.

Great feedback

Positive responses from participants and strong turnout throughout the day.



Outcomes & Impact

Stronger social bonds within
the campus community

Inclusive adaptation
of traditional sports for families

Good practice example



Conclusion

Stronger together

Stroller orienteering moves us closer to a more active, inclusive campus culture.

Grateful for your support

Thank you to the MSKÜ administration, our volunteers, and all participants.

