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Erasmus+ Sport - Small Collaborative Partnership

MEETING REPORTS

SOCIAL A.C.T. - Active Cycling Team

Project number: 622241-EPP-1-2020-1-EL-SPO-SSCP

Kick-off meeting

REPORT Kick off meeting-Online

12/03/2021

The online **Kick off meeting** was led by Solidarity Tracks organization through Jitsi online environment on the 12th of March 2021.

The involved partners:

AJITER (Portugal)

ENVERÇEVKO (Turkey)

Champions Factory (Bulgaria)

Active Youth Association (Lithuania)

Solidarity Tracks/ MONOPATIA ALLILEGGIIS (Greece)

- Presentation of the participants

The meeting started with getting to know each other activity. Using the hand method, each partner had to present themselves enlisting 5 things about themselves which they believe was relevant. One had to include thing that they wish to improve about themselves.

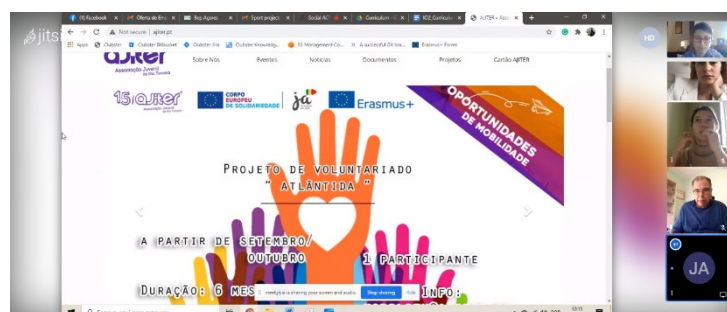
- Presentation of the organizations

Getting to know each other activity continued with presentation of partner organizations and their experience, particularly in the field of education for and through sport.



AJITER (Portugal) - <http://ajiter.pt/>

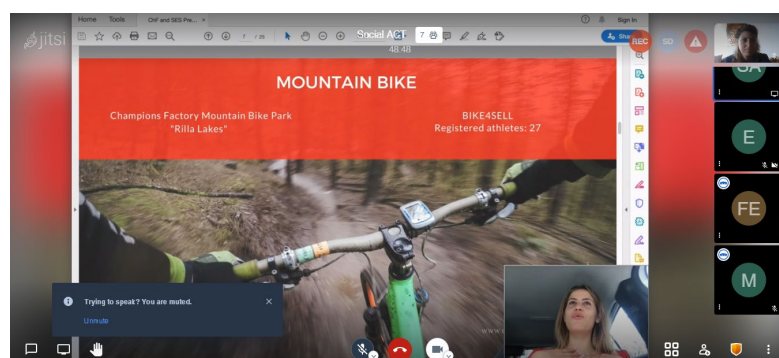
Youth Association of Terceira Island - AJITER, is a non-profit institution that was started in April 2003, starting from the essential objective of promoting and strengthening youth associations in the Azorean community, as an innovative way to promote the integration of integration into the community it is inserted in, and fight against generalized indifference that, at times, is very harmful to our youth. Since then, there has been a lot of work developed, we have had a social and community intervention in the most varied areas of relevance to youth, from education for citizenship, through education for health, prevention of risk behavior, solidarity, combating social exclusion, sports, promoting access to the new information society, enhancing the historical and cultural heritage of Terceira Island, among many others.



Champions Factory (Bulgaria) - <http://championsfactory.bg/>

Champions Factory is an international non-governmental organisation bringing social change through innovations in education, training, youth and sport. Our offices are in Sofia (Bulgaria), Dublin (Ireland), London (United Kingdom) and Bursa (Turkey). We are quite a bit of everything and short list of the main challenges we work on are:

- Lack of educational opportunities to disadvantaged youth and orphans: we organize entrepreneurship courses
- Drop-out of professional athletes after they retire their sports career: we coordinate the major international "Life after sport" project in collaboration with sports foundations, sports schools and federations.
- Gender inequality issues that women face – such as disproportionate levels of poverty and education, poor health and nutrition: We run the project "Women empowerment through sport"
- Juvenile delinquency in Europe and Latin America": we coordinate the project "Learning through sport" with partners from Colombia, Peru, Brazil, UK, Bulgaria and Romania.



Active Youth Association (Lithuania) - <http://activeyouth.lt/>

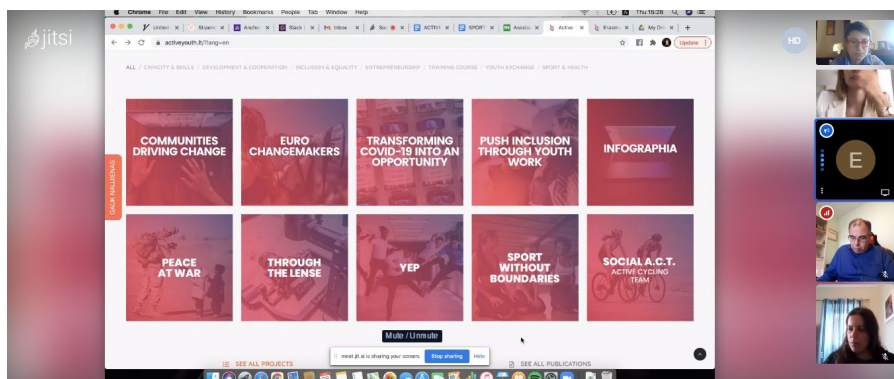
Active Youth is a Lithuania-based for-purpose organisation that unites young leaders, thinkers and doers, those who seek change and those who make change.

Our mission: to create opportunities for youth and sustainable positive impact in the way we treat our planet, health, vulnerable people & online community.

Our vision: to be at the forefront of organisations creating an inclusive & sustainable life for communities globally.

Sports Without Boundries

We believe that collaboration of the young people from relevant organizations with the common interests, can break these stereotypes, empower minority groups to improve self-esteem and integrate into local communities through sport.



Solidarity Tracks/ MONOPATIA ALLILEGGIIS (Greece) - <https://tamonopatia.org/>

Solidarity Tracks is a non-profit and non governmental organization, promoting youth exchanges, mobility and intercultural learning on European and worldwide scale. The actions of Solidarity Tracks support individuals' personal development in relation to local sustainable development.

Our goal is to put into action the following activities:

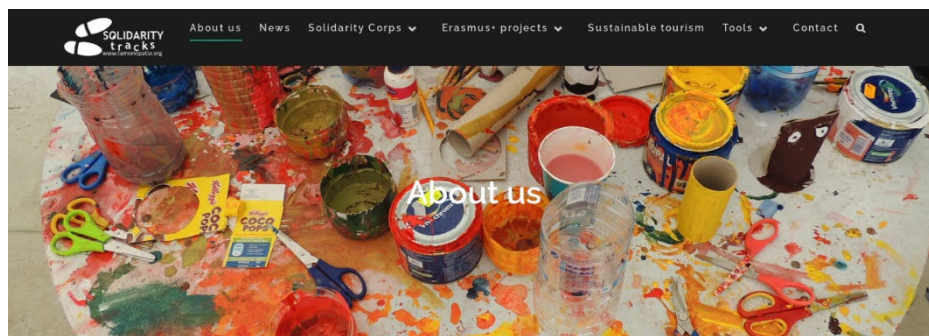
Bringing together youth exchange networks.

Promoting and bringing awareness of new forms of consumption and recycling to local community.

Implementing innovative programs, which enable people to collaborate.

Organizing non-formal education sections adapted to any age and to different capacities.

Solidarity Tracks presentation: <https://prezi.com/view/HOJ6vjDUZCZtCA9Iumnb/>



Solidarity Tracks is a non-profit and non governmental organization, promoting youth exchanges, mobility and intercultural learning on European and worldwide scale. Solidarity Tracks disseminate the value of the human rights and pursue the initiative of

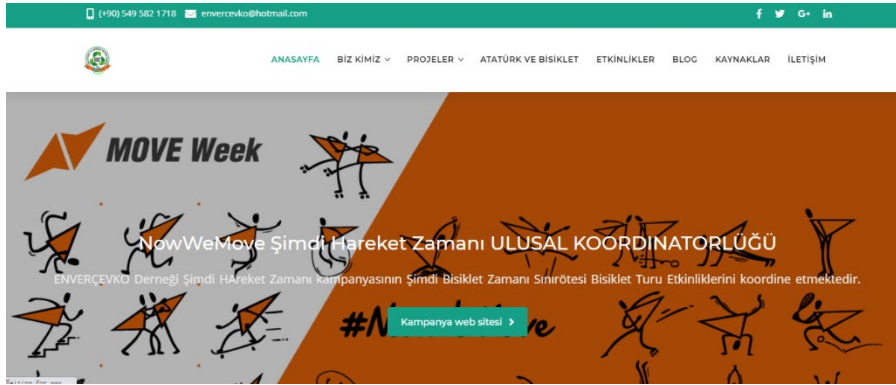
Search ..

ENVERÇEVKO (Turkey) - <http://www.envercevko.org/>

ENVERÇEVKO association was officially established in 2007 as the Energy Efficiency and Environmental Protection Association, based in Muğla. It is the first non-governmental organization of the board with the aim of carrying out environmentally friendly bicycle transportation and Energy efficiency in Transportation. It carries out projects and campaigns on environmentally friendly bicycle transportation, environmentally friendly bicycle tourism campaigns. He is a member of the advisory board of the relevant commission in the national action plans studies in order to transform environmentally friendly cycling and daily physical activity into a healthy lifestyle.

Our mission: to plan, coordinate and implement local / national / international studies for raising awareness of the policy processes of Eco-Friendly Bicycle Transportation and Bicycle Tourism.

https://youtu.be/fZGqgp_mIPU



- Presentation of the objectives, activities, expected impact and result indicators of the project

Solidarity Tracks representatives presented a detailed the project going through all the steps of the project starting from the objectives, the activities etc.

Main objectives of the project as follows:

- To develop the practice of sport, more particularly group cycling, promote well-being, preserve health and strengthen social ties.
- To raise awareness about the benefits of cycling as a physical activity for social inclusion and promotion of equal opportunities, especially among youth with fewer opportunities.
- To develop innovative educational methods, among partners, share good practices and strengthen our experiences concerning cycling group initiatives, for the benefit of the local community.
- To promote the sense of active citizenship and group cycling by preparing and encouraging local sports volunteering initiatives.
- To encourage actions which support political reforms in favor of the development of cycling in local communities.

This project will consist of the following activities:

- 1- A kick off Meeting in Greece to determine among partners the methods of implementation.
- 2- A survey on the representation and use of bicycles, particularly by youngsters. This research will help to understand the local situation in order to better adapt our activities and the support provided by and for the volunteer guides carrying local cycling initiatives.
- 3- A seminar in Turkey which involves 5 cyclists from each partner country to be prepared for their activity of guides for group cycling.
- 4- Creation of an educational tool (manual) for the volunteer guides of group cycling.
- 5- Implementation of 3 local initiatives "Active Cycling" by the volunteer guides in each country.
- 6- Midterm evaluation in Greece to assess the activities implemented by each partner, to improve the coming local initiatives and to improve the dissemination activities in term of methods and plan.
- 7- An evaluation meeting in Lithuania with the establishment of a cooperation plan to ensure the sustainability of the project.

Link for the Social ACT presentation: <https://prezi.com/view/71MNZTXfMglvzfJ8HGBp/>

- Confirmation of implementation deadlines of each activity

All the activities were discussed one by one, and the deadlines were confirmed and agreed by everyone.

- Define the profile of the direct and indirect beneficiaries

Jamboard reflection followed to define the profile of the beneficiaries.

Beneficiaries: target group of survey: people with fewer opportunities, NEETS and Coaches working with Cycling: Focusing on young people and adult (comparison), Local citizens from each partner country

The screenshot shows a Prezi presentation slide titled "Social A.C.T. - Kick off meeting". The slide content is as follows:

- Top center: Social A.C.T. - Kick off meeting
- Left side: Direct beneficiaries
- Right side: Indirect beneficiaries
- Bottom left section (Target group of survey):
 - Target group of survey:
 - People with fewer opportunities
 - NEET's
- Bottom right section (Coaches working with cycling):
 - Coaches working with cycling
 - Focusing on young people and adult (comparison)
 - Local citizens from each partner country
- Bottom right side: Local community, municipality

- Discussion and defining the tasks of each partner on the base of the application

- First discussion was related with the **Survey – activity leader Champions Factory Bulgaria.**

- The 1st draft of the survey was presented containing the questions. Each partner has to send their feedback **till 17th March.**

Each partner after improvement will get the final survey which has to translate in their own language. (3 days)

After translation – Champions factory will have 2 days to put the questionnaires online - **24th March Online**

Each partner should achieve the answers and provide the translated answers to the Bulgaria n partner **till end of April. (40 survey by each partner)**

Solidarity Tracks will propose to the partners the main questions for the video interviews **till 20th of March.**

Solidarity Tracks will send the link for the Google drive – for uploading video interviews. *(10 interviews by each partner)*

Link for the drive: <https://drive.google.com/drive/folders/1-QBaAXgY5sclLw8At-WBdH8OmPqScFAh?usp=sharing>

Champions Factory should send the analytic research involving one external expert till end of May 2021.

Each partner will translate the final version of the research in its language. (Deadline: 22/06/2021)

- 1st Brainstorming about the basic activities of the seminar in Turkey

Target group: sport educators, cyclists, member of board, educator...who are motivated to become volunteer in social cycling and to support for caring the local cycling initiatives.

ENVERÇEVKO representative shared ideas regarding to the Activities that can be included of the seminar – in Turkey:

- workshops about how to organize cycling tours, reflections about the topic & visiting to the local authorities to rector – mayor – governor of Mugla
- seminar cycling tours 20-30 km

The seminar will take place (29th June travel day) **30th of June to 4th of July** (5th July travel day)

- Will can hosted in hotel or camping, will be decided after having the offer for both versions – for this the partner form Turkey will share the first info-pack **till 10th of April 2021.**

- Each partner should send the list of its participants **till 5th of May**

- **Tool – the tool will be created by** Solidarity Tracks organization in close cooperation with the partners till the end of August 2021 A brainstorming about this tool will be carried with the participants during the seminar in Turkey .

- Define the frame work and working methods of the local initiatives that should be carried by each partner

Each partner needs to organize 3 local initiatives between September 2021 and April 2022. (Minimum number of participants 15 people.) One initiative should be organized during the European Youth Sport week. Each initiative has to be reported, by photos and making of video. The initiatives should promote various topics and values like a few mentioned:

- inclusion of people with disabilities- Culture tour
- developing physical skills
- Promote families

- Define the dissemination methods and the tasks of each partner

Solidarity Tracks will create a Facebook page for the project. Each partner should promote it, post it

Each partner should create promotional materials for their activities and promote it in the local media, among their networks and on Erasmus+ dissemination platforms as well as the results.

Link for the Facebook page: <https://www.facebook.com/activecyclingteam>

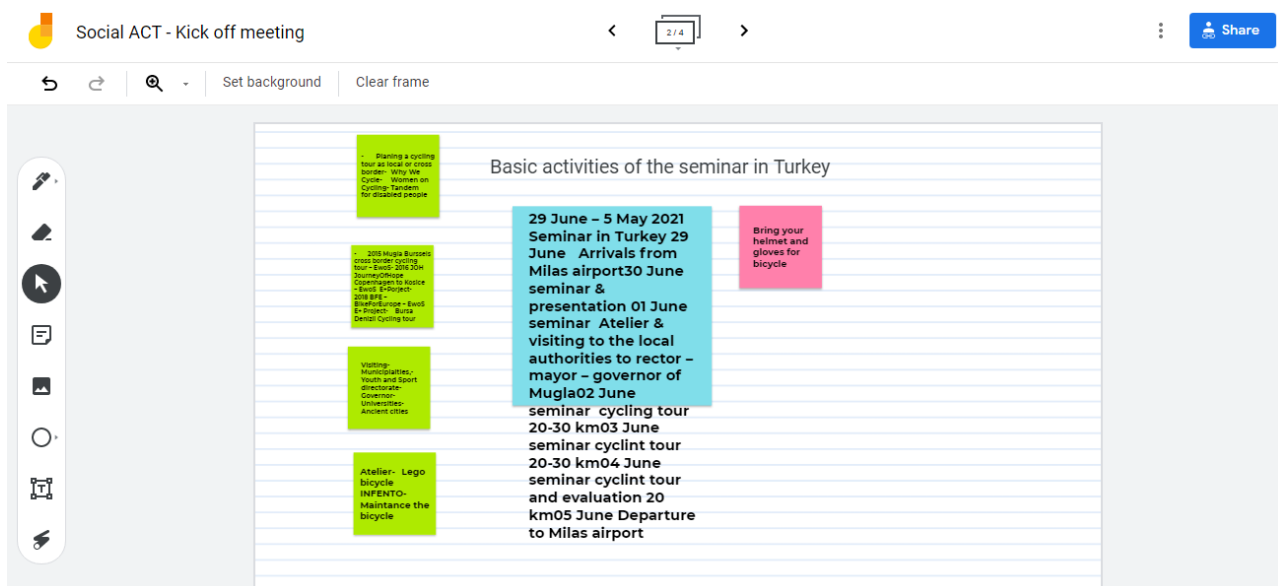
The visual logo was created and can be downloaded on the following link: https://drive.google.com/drive/folders/1f8h-WYUzfajz_ahuNnv_OBsKuB_QALXs?usp=sharing

- Project management and Reporting (scheduling the follow up online meetings)

- Financial management - all the contracts were sent to the partners, which has to be signed and sent back by E-mail. The partners bring the original copies to Turkey in June, to give it to the coordinator.

- Open space for strategic cooperation

Through Jamboard reflection were shared future ideas and discussed by the partners.



Social ACT - Kick off meeting

5/4

Share

Set background Clear frame

Open space for future projects

The Jamboard workspace contains the following ideas in sticky notes:

- PEDAL for NATURE** (Green)
- Promoting Environmental Sustainability using Sports (Orange)
- Promoting Green Sports (Light Green)
- Cycling for physically disabled youth (Light Green)
- Cycling is a human right to MOVE (Light Green)
- DISCOVER UNESCO SITES BY BIKE (Light Green)
- Cycling with migrants and refugees (Light Blue)
- Cycling for getting to know the local culture (Light Blue)
- WHY WE CYCLE (Light Green)
- CYCLING to UNESCO SITES (Light Green)
- Obstacle race with recycled material (Yellow)
- CYCLINF for CULTURAL EXCHANGE (Light Green)
- STORYTELLING by BIKE (Light Green)
- Sailing for inclusion (Yellow)

A few ideas:

- Sailing for inclusion
- CYCLINF for CULTURAL EXCHANGE
- Cycling is a human right to MOVE4
- DISCOVER UNESCO SITES BY BIKE
- STORYTELLING by BIKE
- Obstacle race
- Promoting Environmental Sustainability using Sports
- Cycling with migrants and refugees
- Promoting Green Sports
- Cycling for getting to know the local culture
- Cycling for physically disabled youth

- 15:00 closing the kick off meeting

Related links:

Jamboard working platform link:

<https://jamboard.google.com/d/1W664euKfYEhnV5Q2wUwZgWCMuytzW6gVKOWLt80AzlQ/edit?usp=sharing>

Google drive link:

<https://drive.google.com/drive/folders/18zmgj91fKHkXaAzoBbBRBpzTy09pRXeR?usp=sharing>

Facebook page: <https://www.facebook.com/activecyclingteam>

Mid-term evaluation meeting

REPORT Mid-term evaluation meeting

December 4-5, Lefkada, Greece

Representative participants from 4 different countries :

- **Lithuania** : Elzbieta Visnevskyte, representing the association **Active Youth**
- **Portugal** : Decio Santos, representing the association **AJITER**
- **Turkey** : Feridun Ekmekci, representing the association **ENVERCEVKO**
- **Greece** : Mohamed Chaabouni, Alexia Di-Val, Marion Sammarcelli, Mélodie Gollion, representing the association **Solidarity Tracks**
- **Bulgaria**: Shirin Amin: Champion Factory

Day 1 - Saturday 4th of December

Getting to know each other :

We started the day with a breakfast to meet each other

Then, we presented ourselves : names, associations, why are we linked with this project : the main aims were to know how to cycle in groups, for sustainable reasons, for social reasons, for the challenge, to know how to create bicycle events...



Feed-back about the project in Turkey :

Feridun showed the sum up video of what we have done during these 5 days.

Some advices : he should put the partner's logo on the video, title, date, and programme co-funded by Erasmus +

The results of the seminar's evaluation :

- *The logistic* : very good, everybody was satisfied, the project fit to the expectations (meet people, talk english, learn bicycle) ;
- *The group dynamic* : very good, good communication ;
- *The group discussion* : the group was satisfied ;
- *The workshops* : satisfied, the tool guide is good, the group enjoyed the move and music workshop, the workshops in general were useful and interactive ;
- *Bicycle tour, official visit* : very satisfied / Ali's workshop was interesting, the places we visited were beautiful ;
- *Youthpass* : The competences that were the most developed by the participants were multilingual, cultural, and entrepreneurship ;
- *Staff* : really good, no bad comments ;
- *Learning* : really good, the participants were feeling active in the project ;
- *What the participants bring home with them* : love, self-confidence, new friendships, discoveries...

Conclusion : this project was a success. All the participants enjoyed it so much, and developed some new skills concerning the organization of cycling events, or more on personal competences such as self-confidence. They created strong links between them and had the chance to visit some part of Turkey, which is a wonderful country.



Feedback from the participants :

- Lithuania : they were very happy, it was more than they were expecting. They spent a really good time in Turkey ;
- Greece : they were proud of themselves because they developed cycling skills. They loved the country, the food and the people they met there.

Local initiatives

Then, each participant presented some initiatives that they had put in place in their country after (or before) the seminar in Turkey.

Regarding these initiatives, we discussed and we evaluated the participants' involvement in their local community.

In Greece, Lefkada, we took and we will take some initiatives.

- In august, Marine, one french volunteer in Lefkada for 1 year, organized a women's ride around Lefkada.

- This summer, Ioanna organized a ride and taste tour to highlight the local products and the local community's work (handcraft...).
- In October we organized a cultural tour around Iefkada for the Yes Club's participants. We visited the old town, a part of the lagoon and Kastro. Ioanna was our guide.

In Lithuania, Vilnius, three cycle initiatives were taken too.

- During summer, Active Youth went cycling around Vilnius. It was their first group cycle initiative.
- They did another cycling tour around the city after the seminar in Turkey.
- Finally, they organized a night cycling tour around the city which was more challenging but exciting for the participants. They wore funny lights and did many videos and pictures. For this tour the participants were not beginners in cycling.



In Bulgaria: They carried one large scale initiative and they are planning to implement 2 other initiative in the next 2 months.

In Turkey, they also had many initiatives in different regions and cities.

- First as Lithuania, they organized a night cycling tour.
- At the end of September, Duygu was the city's bicycle coordinator during a cycling event organized by Gaziantep Metropolitan Municipality. Burcu participated also. It was a social round trip and gastronomic tour of 15km. During the breaks, they tasted unique flavors of Gaziantep's gastronomy.
- In Mugla, another group organized a cultural cycling tour of 30km. To get breakfast, they visited an association for disable people. Some participants of this tour were disable and they cycled with a tandem.
- In the east of Turkey, near the Syrian's borders, there is a night cycling and early in the morning cycling club. 60 people took part. In this region, they created this kind of cycling event (in the night or early in the morning) because the weather is very hot and there are less cars so it is easier to cycle.

Little suggestion from the participants here : it will be nice to add a little introduction to explain the goal of the rides at the beginning of the videos.



In Portugal, they did not have time to take cycling initiatives yet. They are facing challenges because of the Covid, but it's becoming better the last few weeks. They couldn't implement cycling events yet. But, they will probably organize several during january and february 2022.

All the partners will have to upload all the initiatives until March.

Feedback about the initiatives :

Some general advices :

- We should add a proposal of evaluation template for the initiatives implemented which will be composed of those information : personal information (name, association, age, mobile phone), experience before on cycling, what were your

expectation for this tour, would you like to organize a cycling tour, what were your expectation about the leader, what did you think about the route (easy, medium, difficult), what is your feeling about this tour, do you have any additional information to improve the tour, additional question about the topic (for example if it's cleaning project, what is the impact of this project on the environment). Maybe we could create a QR code that will bring people directly to this template, we will put it on the poster of the event, and also on the project presentation.

- We could record some participants to create a video, an interview video, broadcasted on our youtube channels and Facebook page.
- We should get feedback from the partners, municipalities, involve medias : maybe create a template to promote the project and the impact it had ...

Solidarity Tracks' feedback

- It is important to focus more on the security measures (helmet, distances, light, gloves, traffic rules, reflection jacket) by doing a speech before starting the tour.
- Prepare a project presentation with all the main information : security, why we cycle (the goal of the tour, the motivation), technical issues (how can we adjust our bicycles), remind participants that it's important to check the state of the bicycle before leaving, present the benefits of cycling for local development, put the templates of the organization of cycling events.

List of things to do :

- To upload the content of the initiatives in the google drive (pictures, videos) until March ;
- To add the logos of the partners in the videos ;
- To add a little text description of what the initiative are about for each project ;
- To create the evaluation template ;
- To create a template for project presentation (in reference of Solidarity Track's feedback) ;
- Marion and Mélodie have to add in the presentation of their project the name of their partners ;
- Lithuania's partner have to finalize their videos about the projects they already did ;
- Write an article when the tool will be ready to show the initiatives, the concept and make the tool being known by people so they can use it to create events ;
- Each association has to work on the Moodle part ;
- Mélodie and Marion have to work on the content of the website and to create the website on Wordpress.

Presentation of the cycling event

Lefkada

Bike and Clean

Target group : Children and their family, local community

Average number of participant : 30/35

Duration and level : 1 afternoon / 2 for adults, 3 for children

Route and Map Detail :



- We will begin at the Wooden bridge of Lefkada
- Then we will cycle all around the lagoon, it is 8km and it is flat so children can do it easily
- We will end just in front of the Lefkas, outside if the weather is good, inside if it is not

Aim and objectives of the activity :

The principal objective is to clean the lagoon because there, we can find many plastic bottles and other trash... Even more at the end of the summer season.

And, we want to involve children to sensitize them about ecology, global warming, recycling... And we think that it is important to have adults because sometimes they need to be sensitized also.

To do it on bicycles is a sustainable way to do it and, we think that cycling is a good idea to motivate them to come because it can be a nice and funny sport activity for a family. And also we want to involve, highlight the local traders, manufactures and crafts.

Instruction and description of the activity :

The event is free and open to everyone.

We will cycle for 8km, and we will make stops in order to clean.

We will give trash to the participants and they will put in what they will collect.

At the end, we will weigh the trash and each weight will be equivalent to a certain prize. It is a way to motivate the participant to collect more and more trash.

To get these gifts we will make partnerships with local companies, shops (manufactures, crafts).

So, we will have a little ceremony (in front of or in the Lefkas) to weigh the trash and offer the prizes. We will bring some food and drinks to celebrate !

Necessary materials :

- bikes
- medical aid
- yellow jacket
- gloves
- stick (to pick the trash)
- trash
- food / drinks
- speaker
- weighing scale
- protection : helmet, things for the knees
- special clothes if the weather is rainy, cloudy, sunny (it depends)

Tips for the guide :

- to be patient with children
- to know the lagoon
- to motivate the group
- to know about global warming, recycling, ecology
- to be fun : it has to be a nice extra-school activity

Advice : To add our partnership (municipalities, company that recycles plastic, local shops...)



Portugal

- Raising awareness to do cycling activities. Target group : people who are not used to cycling, to push them and motivate them to use more bicycles. Create a habit and a guide about how to use bicycles, how to fix it when it's broken. They are considering creating a workshop to learn how to take care of bicycles.

Evaluation of our working method

We organized a time table for the initiatives

- *Portugal* : first cycling project in January, second one in the beginning of February, third one in the end of February ;
- *Greece* : Third one in February (Marion and Mélodie's project) ;
- *Turkey* : They will organize their regular cycling initiative in December, but they already did the 3 projects ;
- *Lithuania* : they already did the 3 projects, they just have to fix the videos.

Presentation of a new project

Mohamed presented a new project about networking cooperation. It consists in creating links between partners based on the K3 project of Erasmus. The deadline will be the 15th of december.

These meetings will allow partners to meet each other, to concept projects together, to talk about innovative ideas, to share things. They will deal in priority with some important topics like :

- Youth inclusion (help the youngsters with fewer opportunities)
- The young people's empowerment (implement activities and create opportunities for them)
- The environment's protection
- Digital readiness

It will be the occasion to work with different groups in different contexts.

There is no financial obligation for this project, every cost will be covered by the program.

The networking part will be based on these meetings but also on a magazine. Every 3 month there will be a new one (16 were already created) to exchange good practises, tools, researches, interviews and young people's testimonies.

This magazine will be useful to promote this Social Active cycling's project



Brainstorming about the educational tool

- We need to define the form
- We already have the content from the seminar in Turkey (in the drive)
- We have to keep the templates (the content) and add examples of workshops

- To add the videos of how to fix your bicycle when it's broken, and the videos about safety measures

The next step is to improve the content of the tool by groups, and do the summary (the plan) of the guide

We brainstormed about the form, the shape of the tool :

- It can be a guide, a manual
- Something interactive like lessons with the contents and creative quiz (maybe Moodle can be a good platform to make it interactive)
- Video tutorials (for the safety and the mechanic parts of the tool)
- Website (Wordpress)
- Create online exhibition (Artsteps)

We found that it will be nice that each partner fills a template for the local initiatives she/he has done before to put it in the tool as examples.

We decided to keep the website option, probably on Wordpress

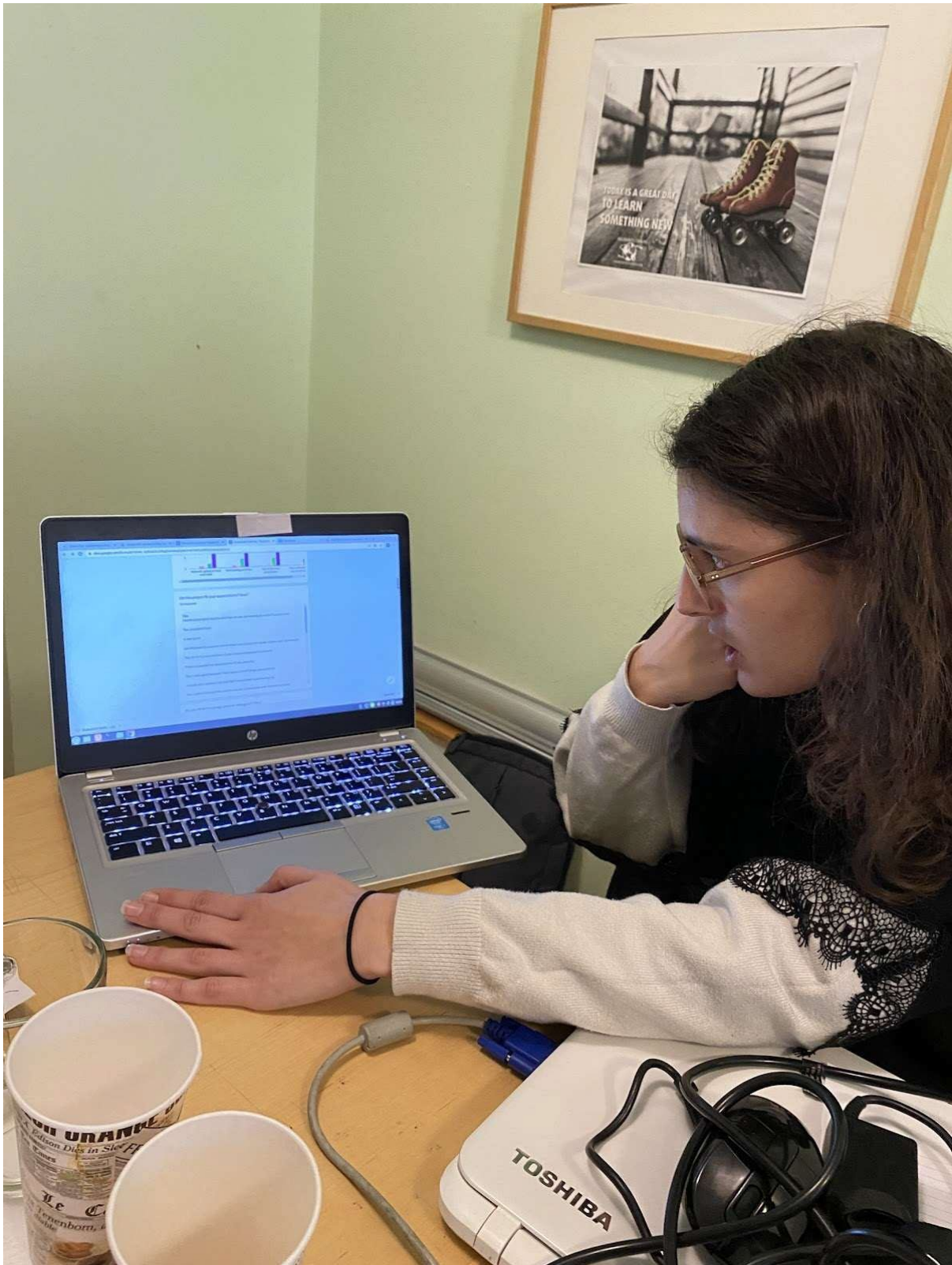
Then we organized the content in a timetable / to organize the website

Structure of the Moodle brainstorming

- Why: sharing experience and developing skills & knowledge, enhance cycling practice.
- For whom: youth to become team leader to organize cycling group initiatives, beginner cyclists or experienced, no age limit.
- What do we expect: end the training by taking a local initiative.
- Where: in the local community involved.
- How: Quiz, self evaluation,

We divided it into 4 part :

- 1) Develop the profile,
- 2) Training maintenance of bicycle
- 3) Tour organizing - Checklist with what is necessary
- 4) Camping and transportation of material on the bike (daily or longer term tour) with modules for camping.



Distribution of the tasks /prepare the event (logistic, technical part....)

Moodle or doodle :

- **Active Youth** will work on the part : How to communicate about your initiative to attract participants: Active Youth (1st)

- **Solidarity Tracks** will work on the part : How to define the target groups and aims (2nd) and Profile of the team leader (soft and hard skills) (7th)
- **ENVERCEVKO** will work on the part : How to prepare the team and manage the logistic (3rd), How to ensure the safety of participants (4th), and How to lead the group during the event (communicate with the group, keep motivation, lead the road direction, etc (5th)
- **AJITER** will work on the part : How to disseminate the results of your initiative for multiplier effect (6th)

For the website :

- Marion and Mélodie are doing the website, and writing the content
- > deadline for the content : end of january, we will do a meeting to check it together ;
- > deadline for the website : end of february, we will do a meeting to check it together.

In March, we will spread the website, Moodle, to test it.

Maybe we can create a partnership with Manel to make it more visible

Evaluation of the day :

- Shirin: It was productive and fruitful meeting
- Feridun : it was a very busy day, very nice, he likes the place, he thinks that it's a small project but he hopes that the impact will be big ;
- Marion : it was a busy day, she feels tired and happy to see the final tool being constructed, she is motivated to do our initiative (bike and clean) ;
- Mélodie : she is very tired but happy because we have been very productive, she can't wait to see the end of the project and she hopes it will be useful for people, it's pleasant to have a clearer image of the tool ;
- Elzbieta : it was very nice to share experiences, she is inspired by what happened, and sad that the bulgarian partners were not here, she thinks the meeting was well organized and she is excited for the cycling tour we organized for them around the lagoon ;
- Decio : even if he didn't have the knowledge that he was supposed to have, it was a great opportunity to meet the partners and to see the project, he is sad that he will be not here tomorrow, he thanks us for the warm welcoming and congratulates the project team ;
- Alexia : she really believes it has an impact in a practical way, she liked the team spirit and the good impact for the group, she thinks it's a great project. It was an intense day but she is really happy about the results. Perhaps, she is a bit disappointed that the work wasn't well dispatched.
- Mohamed : This day was efficient, we cleared many things about the tool, we will do our best to make it very useful. He thanked Feridun for the seminar in Turkey which was very motivating, and the discovery of group cycling's values. He feels optimistic and thanks Marion et Mélodie for their involvement in the project.



Final evaluation meeting

REPORT Final evaluation meeting

3-4/07/2022 Vilnius/ Lithuania

Participants:

ENVERÇEVKO / Turkey:	Feridun EKMEKÇI
Solidarity Tracks/ Grece:	Mohamed CHAABOUNI
Champions Factory Bulgaria:	Shirirn Amin
Active Youth Lithuania:	Elzbieta Visnevskyte
AJITER Portugal:	Decio Santos

Introduction of participants:

1. Evaluation of activities:

a. Research:

- i. All partners agreed that this research allowed to define the needs of community. Solidary Tracks even sent the results and recommendations to the municipality. Turkish partners also stressed the importance of sending official invitation letters (paper versions) to municipalities and other stakeholders. All partners also agreed on the importance of collaboration with other organizations.
- ii. At the end of July, the research will be promoted more widely - at the national and European level. Partners are encouraged to promote the research some more.

b. TC in Turkey:

- i. During the seminar, it was defined and highlighted what qualities a good cycling tour leader should have.
- ii. Activities of the training included cycling tours, visits to the municipality and trips to the surrounding area.
- iii. Feridun presented the partnership with the video from the training and explained all the activities and results.
- iv. The training was designed to develop different skills (safety, inclusion, etc.). The method proved to be effective. Visits allowed to discover the reality (meetings with local people, authorities).
- v. Participants developed good skills and during the initiatives, they could put it into practice.
- vi. The feedback from the participants was very positive, yet the contribution of participants was not satisfactory. Some stricter agreements could have been made prior to the training.
- vii. Solidarity Tracks made an agreement with the participants (volunteers and staff of their organization) to organize a cycling initiative after the training.

- viii. Small concepts like tasting foods, visiting historical sites or nature places are working great. One of the most successful initiatives (Ride and Clean) was joined by around 35 people and it was focused on cleaning of the environment.
 - ix. The concept of mobilizing volunteers (splitting them throughout the path) and collaborating with municipality proved to be good.
 - x. Such projects are strategic, hence all participants should do something after the training. Hence it is best to include at least one person from the staff in the training.
 - xi. Note of the leading partner: the seminars/trainings must be strategic, there must be continuity - so that similar projects can be implemented later. There can be at least one participant in the training from the sending organization. The partner offers a participant contract that the participant undertakes to implement what was taught when he returns to his or her country of residence.
 - xii. Feridun and his team made a really great job, congratulations!
- c. Social ACT course:
- i. Everyone contributed to the production of the e-course.
 - ii. Until now, the platform is not used in proper way. Only 38 people registered for the course. The partnership needs to promote it. It was agreed to have at least 200 people registered for the course until Aug 20, 2022. People should register and complete at least one lesson of the course.
 - a. Good to mention in the promotion of the course: you will be issued a certificate after completion of the whole course.
 - b. Shirin and Feridun suggest to put the logos of the organizations that dedicated their input for the production of the tool.
 - i. Logos of partners and of associated partners can be put in the platform.
 - ii. We can put the logos of organizations that:
 1. Promote the platform
 2. Or they ensure that 10 people from their organization registers for the project
 3. How can we see if they really did register?
 - a. Give them a deadline (e.g. one week)
- d. Local initiatives:
- i. Everyone presented the local cycling initiatives that were implemented.
 - ii. Template for description of local initiatives will be shared with partners. Each partner should fill it in - separate table for each initiative.
2. Dissemination plans
- i. Sharing the e-course with cycling associations, environment associations
 - ii. Sharing social media posts
 - iii. Send an article to the local media - ask them to publish it. Mohamed will send us an article, we will translate it and send to the media in July.
 - iv. Partners had a brainstorming session about the dissemination possibilities.
3. Follow-up activities:

- a. Partners had an open space about the sustainability of the project.
 - b. Partners discussed the possible follow-up activities of the project, the possible continuation.
 - c. One of the activities proposed was to design a new project. Partners decided that it needs to be focused on cycling and environment, cycling and inclusion.
 - d. If users of the e-platform want to put their knowledge into practice - they can message through the platform and cooperate with other users to create an event/initiative together.
4. Final report:
- a. Each partner will contribute: Mohamed will prepare questions about dissemination, associated partners, etc.
 - b. The final report will be submitted to the European Commission by 30th of September 2022.

Future cooperation: All partners agreed as a follow up of this project to apply for collaborative one about the same topic (Cycling in gourp for all) to achieve biggest impact in term of competencies developments, cycling practices and positives changes in term of habits and policies.

